

# Hi, Neighbor!

A Quarterly Newsletter of the Eastmorland Community Association

Third Quarter 2011

## Food Pantry Services Available at S.S. Morris AME Church

*Marjorie Nicholson*

More than three years ago, Pastor Armstrong of S.S. Morris AME Church and representatives of United Way of Dane County met to discuss the needs of low-income people in Dane County and how the church could help feed families.

Today, the church runs a food pantry open the 1st and 3rd Saturdays of every month. All Dane County residents in need are welcome. If you have identification for members of your household, this food pantry is available to you. The pantry carries fresh, frozen and non-perishable food provided by Community Action Coalition for South Central Wisconsin, Inc. (CAC), Second Harvest Foodbank of Southern Wisconsin and seasonally from gardeners in Eastmorland neighborhood.

Next year, with assistance from CAC, S.S. Morris Church will be installing a vegetable garden behind the church to provide more fresh produce for pantry users. It is the desire of the church to not only serve as a place of spiritual respite, but also to be of assistance in other areas of the community. Even though the 1st and 3rd Saturdays are regular pantry days, for the summer we will be open on the 2nd and 4th Saturdays for breads and fresh produce. We are seeking volunteers to put in an hour or two on any Saturday.

**When:** 10 a.m. – 2:00 p.m. (1st and 3rd Saturdays of every month)

**Where:** S.S. Morris AME Church (across from Madison Metro East Transfer Point)  
3511 Milwaukee Street  
Madison, WI 53714  
(608) 249-4555

**Contact:** Marjorie Nicholson, marlenil48@charter.net



COMMUNITY ACTION COALITION  
FOR SOUTH CENTRAL WISCONSIN, INC.



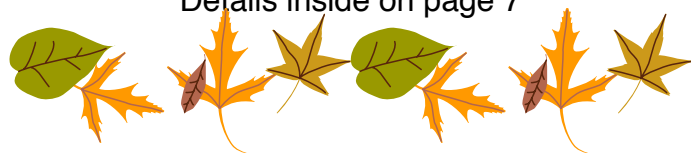
## Please Join Us for the ECA Fall Leaf Raking Party!

**Saturday, November 5**

**(rain date Nov. 12)**

**9 am – 12 noon**

Details inside on page 7



### Inside This Issue...

Kathy's Comments.....	2
Eastmorland Notes.....	3
Pinney Branch Library Events.....	4
From Our County Supervisor.....	6
7th Annual ECA Leaf Raking Party.....	7
Money Available for Landlords.....	8
Join the Eastmorland Urban Homesteader's Guild!.....	8
The 1/4-Acre Garden Spot.....	10
Eastmorland Community Garden Update.....	11
News from Our Schools.....	12
Water Conservation Tips.....	13
HospiceCare Question-and-Answer Seminars.....	15
Loop de Coops.....	15

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# Kathy's Komments



*Kathy Soukup, ECA President*

The past week as I have been driving through the neighborhood I was pleased to see quite a few Candidate yard signs for the 48th District vote. 'Course, by the time that this newsletter comes out, we'll already know the outcome. I hope that I will have seen many of you at the polls.

The weather has been a bit too humid and HOT for my taste – fans and air-conditioning to the rescue! My hostas in the front yard love the weather! As do Patrick's multiple tomato plants. I went shopping for a toddler swing for Diego, who is now almost 18 months old – "sharp as a tack, and cute as a button," of course! The last time they came up, Diego spent quite a bit of time in the swing. Every once in awhile, Diego would yell "up," and his poppa, or whoever was pushing, would stop the swing and try to remove him from it. Usually, he just wanted to go higher, instead of out. Oops! Annoyed small people are not really friendly.

This is a banner year for our grandkids: the oldest will be 21, and her brother was just 16 – where does the time go? I'm getting to really like webcams as we visit with Diego and parents in Chicago. We really see the little guy and interact with him for a moment of two before he goes racing off to see or get something else. We have found that if we have a stuffed animal or one of those cards or books that makes noise/sings as you open it – he stays longer to check things out and then says "mas," which means 'more,' so you open the card again.

It looks as though the demolition of the buildings on the Royster/Clark property will begin in September. After all this time, it didn't seem that it would really happen. I hope that someone goes down to watch and takes pictures of that historic event. This also means that the cleanup of the property will begin. As we get more information, we will try to post it on our website. If you don't have access to that site, you can call an ECA director and ask questions.

I went to the Madison Water Utility meeting/open house at Warner Park a few weeks ago. It was very interesting. Where does our tap water come from? Well, there are 23 wells, 31 reservoirs and 840 miles of interconnected pipes. Our water pipe system is aging. During 2010 the Water Utility replaced 9.7 miles of main and built 4.1 miles of new main. Over the next 40 years, the Utility will need to replace more than 400 miles of the system to renew its infrastructure to maintain the current level of service.

Most locations receive water from one to three wells. Please visit their website ([www.madisonwater.org](http://www.madisonwater.org)) or call the Water Utility at 266-4654 to find out which wells serve your home and to receive detailed water quality information for each well. I went to it and found out that in my area of ECA, our house is served by well #11.

I came home with a lot of material, and I realized that not all of you are going to be fascinated by it, but I thought that if I share some every newsletter, everyone would find some information of interest.

Take care of yourselves!

*Kathy*

P.S. I think it was last summer that I saw Dawes Street on the list for road resurfacing. Finally, this summer, things have been happening. The latest small "street sign" indicates the road will be finished by August 8th. After 2 months of disruption, that sign may be correct.

## Hi, Neighbor!

**Published Quarterly August 2011**

The newsletter is published the first day of the following months: February, May, August and November. Articles for publication should be sent to: [newsletter@eastmorland.org](mailto:newsletter@eastmorland.org) as an attachment in Word format. If email is not available, copy can be mailed to ECA, PO Box 14584, Madison, Whitehorse 53708. Advertising information can be obtained by calling 244-8965 or by email [ptsvegas@yahoo.com](mailto:ptsvegas@yahoo.com). The deadline for copy and advertising is the 10th of the month prior to publication dates.

### ECA Directors

#### President

*Kathy Soukup • 244-8965*

#### Vice President

*Suzanne Sarah Forsberg • 244-2128*

#### Secretary

*Open*

#### Membership

*Carrie Ezzell • 244-3117*

#### Treasurer

*Patrick Soukup • 244-8965*

#### Fundraising

*Carrie Ezzell • 244-3117*

#### ECA Meeting Agenda

*Jennifer Moore • 243-8668*

#### Advisor

*Ed Woolsey*

#### EINPC Liaison

*Sadler Bell*

### Standing Committees

#### Social and Recreation

*Bernie Hanson • 244-8958*

#### Sunshine

*Glennis Whitish • 244-8195*

#### ECA Annual Garage Sale

*Bernie Hanson • 244-8958*

#### LaFollette High School Liaison

*Open*

## Hi, Neighbor!

### Co-Editors

*Jennifer Moore • 243-8668*

*Kathy Soukup • 244-8965*

### Advertising

*Patrick Soukup • 244-8965*

### Production

*Phillip Forsberg • 469-7468*

### Distribution

*Volunteers and Block Captains*

### Elected Officials

#### State Senator

*Mark Miller • 266-9170*

#### State Assembly

*Open*

#### County Supervisor

*Tom Stoebig • 222-6429*

*stoebig@co.dane.wi.us*

#### City Alder

*Larry Palm • 692-8416*

*lpalm@cityofmadison.com*

# Eastmorland Notes

## ECA Membership

Carrie Ezzell

The summer is flying by, children are using the parks and playgrounds. The neighborhood gardens are producing and this year we almost need a prize for the most beautiful yards.

Garage sales are upon us. Soon, I will be hearing from you who need your yards raked and from other neighbors who can rake. Then before we know it, it will be Santa Visits, cookie deliveries for neighbors, made by other neighbors.

And all year long will be monthly director meetings, open to all, with neighbors and "powers that be" and those of you who have concerns and needs.

All of the above and so much more is what your time and donations do to help our neighborhood. When you walk the clean, caring streets, remember it's your neighborhood too. Your time and a \$10 donation for your membership helps.

## ECA Calendar of Events

Tuesday, 8/9 – ECA meeting\*

Tuesday, 9/13 – ECA meeting\*

Monday, 10/10 – Submission deadline for "Hi, Neighbor!"

Tuesday, 10/11 – ECA meeting\*

Tuesday, 11/8 – ECA meeting\*

\*Eastmorland Community Association meetings begin at 7 pm on the second Tuesday of each month (no meeting in December) at Lakeview Moravian Church, 3565 Tulane, across the street from Schenk Elementary School. Use the entrance on Hargrove St. nearest Dennett St. Call an ECA director if you have a topic to discuss, need information, or have questions. We look forward to seeing you there.

## Isn't There Anyone in the Eastmorland Neighborhood Who Can ...

Help us out by filling the vacant position of Secretary that has been open for quite some time? If you are a faithful reader of the newsletter and checked out the names of the ECA volunteers that always appear on page two you would have noticed the secretary's position is always listed as open.

As secretary all that is needed is for someone to record the minutes of the monthly meetings which occur the second Tuesday of every month, except December, from 7:00 – 9:00 pm. Please call Kathy 244-8965 or Suzanne 244-2128. Your help will be greatly appreciated.

Also, we need a new liaison to LaFollette High School, and one for Whitehorse Middle School.

## ECA Paid Membership

### \$10 per household

An annual \$10 per household from paid members supports all of the Eastmorland Community Association business conducted. ECA relies on the contributions of paid members to strengthen this community's schools, communication, and environment in areas such as the following:

- Donations to area schools' events and fundraisers (Clay Stomp, graduation party expenses)
- Materials and refreshments for volunteer events (leaf raking, parks clean-up)
- Neighborhood improvements (Eastmorland Park playground)

Paid member households also enjoy added benefits such as: Santa visits; invitations to neighborhood social gatherings (potlucks, meet & greets); and inclusion in the annual garage sale newspaper ad.

\_\_\_\_\_  
Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
Phone

\_\_\_\_\_  
email

To become a contributor, please mail this form with \$10 to ECA, P.O. Box 14584, Madison, Whitehorse 53708. Thank you very much for supporting ECA!

# Pinney Branch Library Events

**Summer Reading Program for Children, Teens AND Adults**  
– June 1 – August 31

**Preschool Storytime** – Wednesday mornings at 10:00, through August 17. Stories, songs, fingerplays, a short movie based on a children's book and a craft for children ages 3-5. Younger siblings welcome. No registration required.

**Book Baby** – Tuesday mornings at 9:30, through August 16. Stories, songs and activities for babies ages 0-15 months. One adult per baby is required. Call 224-7100 or register online beginning May 31.

**Toddler Time** – Tuesday OR Thursday mornings at 10:30, through August 18. Stories, songs and rhymes for children ages 16-35 months. One adult per child is recommended. Call 224-7100 or register online beginning May 31.

**One-on-one Job and Computer Assistance** – Wednesdays from 4:00 – 7:00. Need help looking for a job? We can help you: work on your resume and cover letter, set up an email account, locate Internet job sites, apply for jobs online, or improve your computer skills. Call 224-7100 to make an hour-long appointment.

**Chess Club** – First and third Thursdays at 4:00. Learn how to play chess and then play against other children with varied levels of experience. For children in grades K-12. Children under 7 must be accompanied by an adult.

**Humanitarian Knitting** – Every other Thursday at 6:30 (call for updated schedule). Knitting for charity. Assistance is available for those wishing to learn to knit or to improve skills. Yarn is provided.

**Lunch Bunch** – Mondays at 12:00, through August 8. Bring a sack lunch to one of our Summer Lunch Bunch locations and the librarians will do the rest. This is an ongoing program featuring fun, food and stories for kids in grades K-5. Librarians will read aloud while kids munch! Call 244-7100 or register online.

**Cuentos y Cantos en Dos Idiomas/Stories & Songs in Two Languages** – Thursday, August 4 at 2:00. Join local musician Clare Norelle for an entertaining combination of stories and songs presented bilingually. No registration required. Sponsored by the Friends of the Pinney Library.

**Duck Tape Mania Returns** – Thursday, August 11 at 1:30 and 3:00. Snacks, colored Duck Tape and loads of fun! Bring your friends and make wearable art - purses, wallets, key-chains, bracelets, belts and more. Patterns will be available to get you started. Call 224-7100 or register online beginning July 28 to register.

**International Film Festival** – Monday, August 15 at 2:00. Enjoy popcorn and short movies exploring different cultures. Sponsored by the Friends of the Pinney Library. No registration required.

**Adult Summer Reading Book Circle** – Tuesday, August 16 at 7:00. Come talk about books you've read this summer and hear what your neighbors have been reading.

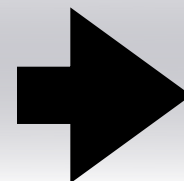
**Gaming for Children** – Tuesday, August 16 at 2:00. Play Dance Dance Revolution with your friends! Refreshments provided by the Friends of the Pinney Library. No registration required.

**Gaming for Teens** – Tuesday, August 16 at 3:35. Play Guitar Hero or Dance Dance Revolution with your friends. Refreshments provided by the Friends of the Pinney Library. No registration required.

**Teen Book Club** – Wednesday, August 17 at 4:00. Meet at the Pinney Library for a lively book discussion of *Gregor the Overlander* by Suzanne Collins! Stop at the library for your copy of the book. Sponsored by the Friends of Pinney Library. Snacks will be provided. No registration.

**Pinney Book Group** – Tuesday, August 23 at 7:00. The Pinney Book Group will discuss *Olive Kitterage* by Elizabeth Strout. Tuesday, September 27 at 7:00. The Pinney Book Group will discuss *Double Bind* by Chris Bohjalian.

Did you know that the Pinney Branch Library offers all of these services?  
And they're all free!



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## Materials To Check Out

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### Read

- Fiction & nonfiction books
- Children's & teen books
- Large print books
- 'Too Good To Miss' books
- Spanish language books
- Magazines & newspapers

### Listen & View

- Music CDs
- Audiobooks on CD
- Playaway digital audiobooks
- DVDs for children, feature movies, foreign films, and TV shows

### Download

- Audiobooks for MP3 players/iPods
- E-books for E-readers/iPods/iPads

### Other

- Energy meters
- Book club kits
- Rental books & DVDs for high demand items
- Sustainability themed collection
- World languages collection

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## Access To Technology

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- WiFi: wireless internet access
- Public access computers
- Black & white printers
- Scanner
- Children's computers
- Black & white photocopier
- 24/7 online library catalog

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## Online Research Tools

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[www.madisonpubliclibrary.org](http://www.madisonpubliclibrary.org) is your full service website. Click on Research, then Databases to have free access to:

### Book Reviews & E-Books

**NovelList:** Book reviews, annotations, and author info for over 200,000 fiction titles.

**Overdrive:** Downloadable digital audio books and e-books for use with computers, MP3 players, iPods, iPads, and e-readers.

### Business

**ReferenceUSA:** Directory information for about 14 million U.S. businesses. Search by phone number, location, estimated sales, and more.

### Consumer

**Consumer Reports:** All of the product ratings and articles from the print magazine as well as special online only content.

### Genealogy

**Ancestry Library:** Genealogy information, including census data, ship passenger lists, and more. \*In library use only

### Investments

**Morningstar:** Stock and mutual fund information, quotes for over 90,000 investments.

**ValueLine:** Access to this company's data collection and performance analysis for stocks, mutual funds & options. Best known for their *Investment Survey*.

### Languages

**Mango Language Learning:** Language learning program that teaches real conversation skills for 22 languages and ESL courses.

### Legal & News

**Lexis Nexis:** Access to over 9,500 business & legal sources. Full text newspapers and broadcast transcripts. Law review articles, court decisions & federal regulations.

### Research

**EbscoHost:** Magazine & encyclopedia articles on health, business, and general research topics.

### Tests

**Learning Express:** Practice tests and tutorial course series including ACT, AP, GED, Nursing, GRE, LSAT, Real Estate, Law Enforcement & more.

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## Additional Services

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- Tax forms (Feb-April)
- City of Madison appliance stickers

- City of Madison voter registration
- Meeting room
- Email newsletters
- Community events bulletin board

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## Events & Classes

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For more details and additional programs, speak with a librarian or visit our website at:  
[www.madisonpubliclibrary.org/events-and-classes](http://www.madisonpubliclibrary.org/events-and-classes)

### Baby, Toddler & Preschool

- Book Baby stories and songs
- Toddler Time stories and songs
- Preschool story time
- Preschool Players playacting group
- Dance party
- Parent & child yoga class

### Children

- Summer Reading Club
- Book Bunch bring your lunch & listen to stories
- Craft & art classes
- Music and storytelling events
- Chess club
- Read to dogs

### Teens

- Summer Reading Club
- Gaming events
- Book discussions
- Volunteer opportunities

### Adults

- Monthly book discussion
- Weekly job searching, computer skill building & resume help
- Bi-Weekly knitting group
- Writers group
- Sustainability classes – topics have included rain gardens, canning, preserving, composting, chicken raising, beekeeping, gardening, healthy lawns, and more
- Technology classes – topics have included digital cameras, Facebook, and social networking
- Author visits
- Summer Reading Program
- Tax assistance by appointment (Feb-April)
- **Friends of the Pinney Library** – volunteer to assist with book sales or other fund raising activities for the Pinney Library

# From Our County Supervisor



**Tom Stoebig**  
District 17

## **Royster-Clark Update**

Madison-based Ruedebusch Development & Construction has made an offer to purchase the Agrium-owned 26-acre Royster-Clark property,

and has been working on all of the financial details. As before with previous purchase attempts, the largest obstacle appears to be the demolition and remediation costs associated with the site.

Recently, I arranged a meeting between Ruedebusch representatives, Alder Larry Palm, the county landfill director, and the County Executive's Office to discuss possible demolition and remediation cost savings. The discussion eventually focused on the costs and logistics of landspreading more than 60,000 tons of nitrate-contaminated soil, certainly not a small undertaking. We need to provide a financial incentive and find willing landowners within a closer proximity to the site to take the materials, and the new or current owner will need to oversee the landspreading activities in compliance with state-issued permit requirements.

Ruedebusch has also organized a meeting in late July with city officials, former members of the Royster-Clark Planning Team and others to provide an overview of the project and give a status report. The company has cited a November target date for a "go, no-go" decision on the offer to purchase. We're all keeping our fingers crossed.

## **Youth Involvement in Government**

At its June 16 meeting, the County Board adopted a resolution that I authored creating a Special Study Committee on Youth Governance to develop recommendations for active youth participation in County Board and standing committee activities, including eligibility criteria, selection processes within high schools, youth mentoring by County Board members, and other details. A final report is due to the County Board by December 1.

The idea for this comes from other city and county programs throughout Wisconsin where youth participants are given a direct, ex-officio role in the legislative workings of local government...to give youth in our community another meaningful way to see how democracy works, and to learn first-hand the role of county government in our community.

## **State Budget Impacts**

Governor Walker signed the 2011-2013 biennial state budget into law on June 26. Given that three-fourths of the annual Dane County budget is a pass-through of state and federal funding, the impacts are huge. Below is a brief summary of a sample of these impacts:

**Child Support** – State child support funding was reduced by \$12.5 million per year, which also lessens federal matching funds. As a result, Dane County will lose a total of \$840,000 per year.

**Income Maintenance** – The Legislature deleted the Governor's budget proposal to privatize income maintenance (IM) program administration that would have resulted to the cutting of about 80 county employees. Instead, there will be about 10 separate multi-county consortia administering IM programs on a statewide basis. Counties, such as Dane, will be required to contribute their IM overmatch contributions to the multi-county consortia to which they belong. The estimated funding loss for Dane County is \$200,000 per year and 2-3 county staff positions.

**Treatment Alternative Diversion** – The state budget cuts AODA and mental health treatment alternative diversion program funding by 10%, and requires any county receiving future state grants to provide a 25% county match. This year, Dane County received \$154,427 in state TAD funding that helped us to avoid more costly placements at the state-operated Mendota Mental Health Center by diverting these clients to community-based programming. With the 10% cut and 25% matching requirement from the state, there is concern that the Dane County treatment alternative diversion program will no longer be viable.

**Shared Revenues** – The Legislature reduced the Governor's proposed cuts in shared revenue payments to counties and municipalities in the final budget. Still, Dane County will see a reduction in shared revenues for general operational costs of \$525,000 each year.

**Transportation Funding** – The final state budget reduces general transportation aids to most counties by 10% in 2012 and no increase in 2013. This results in a loss of \$367,417 in 2012 and 2013 for Dane County that would normally go toward county highway maintenance costs. In addition, the final state budget repeals statutory authority for the creation of regional transit authorities in Wisconsin, thus eliminating the Dane County RTA and its authority to raise local transportation revenue through an additional one-half percent county sales tax.

**Youth Aids** – The final state budget imposed a 10% cut in state Youth Aids to counties, and increased the daily rates charged to counties for juvenile corrections placements. Typically, state youth aids to Dane County went toward juvenile delinquency intervention and prevention efforts to keep kids out of state institutional settings. The loss in state youth aids funding will cost Dane County about \$355,000 in 2011, \$710,000 in 2012 and another \$710,000 in 2013. And to add insult to injury, Dane County will need to find an additional \$53,400 in 2011, \$161,835 in 2012 and \$180,000 in 2013 for court-ordered placements to state-owned juvenile correction institutions.

Obviously, there are many more details of the impacts of the recently enacted state budget on Dane County, but space is limited here. Please contact me if you have any concerns or questions regarding these issues or other county government happenings. I can be reached at 222-6429 or by email at [TStoebig@charter.net](mailto:TStoebig@charter.net).

# 7th Annual ECA Leaf Raking Party

## You're invited to the 7th annual ECA raking party set for November 5

For several years, the ECA fall raking party has been a big hit – many neighbors getting together to help others in Eastmorland who need assistance raking their yards. Thanks so much to all who have participated in past years. Your help has been hugely appreciated.

This year's raking party will be Saturday, Nov. 5 from 9 a.m. – 12 noon (rain date Nov. 12). Please meet again at the Whitman/Johnson residence – the same meeting place as last year – at 3701 Dennett Dr. (the corner of Dennett and Ring; phone: H: 244-6654; C: 228-6654).

For the event to be a success, we need a few things:

- All who are interested in participating (raking or having your yard raked) to call Kathy Soukup at 244-8965 by October 1 to express your interest.

- LOTS of volunteer rakers to make the raking go quickly. Bring rakes, gloves, and tarps if you have them. Also bring your appetites to enjoy a few light refreshments before and after raking.
- A project coordinator to assign volunteers yards to rake. (If you would like to know more about this position, please call Jennifer Moore at 243-8668.)

While the goal is to help everyone in need, we will be prioritizing yards on a case-by-case basis based on the numbers of volunteer rakers we have. Of course, anyone is welcome to help rake, but if you can call Kathy by October 1 to let us know you plan to be there, that will help with the organizing.

This would be a great community service opportunity for Girl Scout, Cub Scout or Boy Scout groups. All neighbors and friends of ECA are invited.

Thank you for "thinking fall" in the heat of summer. We look forward to seeing you at the raking party!



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# Money Available for Landlords

Common Wealth Development has money available to help landlords wishing to reduce the lead hazards in their rental properties. Your tenants need to be low (80% of Dane County Median Income) or very low income (50% of Dane County Median Income). Your properties also need to be occupied or suitable for occupancy for families with young children for your property to qualify for the available money. For three years after the work is completed, you will need to continue to rent to low or very low income tenants and market the apartments to households with children under the age of 6 years old.

If your property qualifies and you agree to participate, Common Wealth Development will schedule a Partial Lead Inspection-Risk Assessment. The Department of Health will review the Inspection-Risk Assessment to ensure the scope of work addresses all the lead hazards appropriately. Common Wealth Development staff will discuss with you any available options for how the work is done. When the lead work order is approved and agreed upon, Common Wealth Development will request bids from certified lead abatement contractors and go with the lowest of the qualified bidders. You will be required to pay, in advance, 25% of the cost of the lead work. Once the work is done a clearance test will be done to confirm that all lead hazard work was done properly and the property is lead-safe for re-occupancy. The program will re-locate tenants while the work is done.

Landlords have used these funds to get new windows, cabinetry and siding. This is a great opportunity to treat lead hazards at a greatly reduced cost to you. Interested landlords should contact Diane Eddings at 256-3527 ext. 27.

# Join the Eastmorland Urban Homesteader's Guild!

Community group forming for sharing of knowledge and support, supplies and equipment, and for fellowship for all things that go on (or can!) on a modern urban homestead.

Some of what we do includes raising chickens for eggs, rabbits for meat and bees for honey. Production food gardening. Canning, preserving and storage of your harvest. Home brewing of wines, ales and strong drinks. Processing of wool, spinning on the spindle or wheel and weaving. Home heating with wood and more!

If you are interested in meeting with us, please drop a line to [shirehouse@tds.net](mailto:shirehouse@tds.net) or call 251-0374.

First meeting and potluck Saturday August 27 at 3pm.

Cindy & Steve's place 154 Bradford Lane.

Bring something from your homestead to share or show off.



## A New Look for Dawes Street

*Dawes street is being resurfaced from Walter Street east to the drainage ditch that runs parallel to Silver Road. Some of the neighbors living on Dawes Street are having rain drainage systems installed to provide water for their rain gardens.*

## frida's in The Dog Haus



Now choose from two stores for your frida fix! Our new shop in The Dog Haus dog daycare is open weekdays 3:30-6:30 pm with toys, food & gear.



**frida in The Dog Haus:** 410 atlas avenue  
**main store:** 2094 atwood avenue  
608.442.6868 • shop online: [baddogfrida.com](http://baddogfrida.com)

REALLY COOL THINGS FOR GOOD DOGS AND THEIR PEOPLE

Do you have suggestions for the next issue of *Hi, Neighbor!?* Email them to us at [newsletter@eastmorland.org](mailto:newsletter@eastmorland.org)

## VFW DAY POST 7591 & LADIES AUXILIARY

301 Cottage Grove Road, Madison  
221-9326

### OPEN TO THE PUBLIC

Friday Fish Fry 5-8 pm (*Carry-outs available*)

Omelet Breakfast 3rd Sunday of month  
(October-June), 8:30-noon

Bar (*Chili, hot dogs, BBQ*)  
Burgers, snacks, M-Th, 4-7 pm

Music & Dancing: Wed. 5-9;  
Fri., 7:30-11:30; Sun., 4-9 pm

Tuesday Bingo, 6:30 pm

Reception Hall for Rent  
(*accommodates up to 500 people*)

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# The 1/4-Acre Garden Spot



Eastmorland gardeners are once again participating in Plant-A-Row for the Hungry initiative. Community gardeners and home gardeners alike have purposefully planted more than their families will require in order to provide fresh produce for families in need. This year, produce is brought to Goodman Community Center Food Pantry and S.S. Morris AME Church food pantries. If you have extra produce you would like to contribute, place your donation in the box found in the Plant-A-Row plot in Eastmorland Community Garden (Hargrove & Walter, middle of the garden). Please also call Suzanne at 213-5428 to let her know that you've left food. Heat and the elements can often be unkind to fresh-picked veggies. Please do not donate lettuce, greens and fresh herbs. Thanks so much for helping to feed the community.

**Plant a Row**  
**For The Hungry** 

Garden Writers Association Foundation  
[www.gardenwriters.org](http://www.gardenwriters.org)  
Call Toll Free (877) 492-2727

Do you have gardening tips to share? Pictures of your garden? Why not share them with the readers of "Hi, Neighbor!"?

Send your submissions to [newsletter@eastmorland.org](mailto:newsletter@eastmorland.org)

We also have a new gardening section on our website. Check it out at [eastmorland.org](http://eastmorland.org)!

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# Eastmorland Community Garden Update

Bonnie Moreland

This year, the cool spring with only a few weekends dry enough to plant presented some challenges to many of the gardeners. I was fortunate to get my plot hoed then planted the weekend of Mother's Day. What a wonderful way to spend time with my family.

I got more interested in the health benefits of gardening as I'm trying to increase the amount of exercise I squeeze into each of my weeks. Starting out again from a more sedentary phase of my life, I was pleasantly surprised at what I found on the Internet.

Research has shown that gardening increases flexibility and strengthens joints; these are things I am really starting to think about now that I'm entering my forties. What is best about gardening, versus my last fitness class I took (named cardio boot-camp), is that gardening doesn't have the jarring and jolting associated with jogging, running, and jumping. I thought about it and it is like a Swan Lake version of the exercises I used to do. I do get in and out of my fencing to keep the rabbits away from the produce, which is a lot like jumping mini-hurdles. I stretch to put the weed I just pulled in front of me into my weed pile/wheelbarrow, which is usually in my walking path and to one side. I do alternate this position putting the wheelbarrow on both sides of my body so that I'm "balanced" in my stretching. I also noticed that as I planted this spring, I leaned the same side elbow on my knee while using my free hand to drop seeds. I remember my father doing the same and alternating hands to plant/elbows resting on knees.

It is really important to stay hydrated while you garden. Not only do the plants need water, but also as I read more about comparable exercises to a 30-minute session of moderate

gardening, I wondered why I didn't see more of us out there with water bottles. According to the Iowa State University, 30 minutes of moderate gardening is equal to biking five miles or walking 2 miles in the same amount of time. So, the next time you are out at the garden plots or in your backyards and see those zippy fitness nuts pass by your little bit of Eden, just remember you are getting fit, too!

Find out more by Googling "Health benefits of gardening"

Or going to [http://gardening.about.com/od/allergiesarthritis/a/Garden\\_Fitness.htm](http://gardening.about.com/od/allergiesarthritis/a/Garden_Fitness.htm)

The Eastmorland Community Association is now on Facebook and Twitter!

Visit [www.eastmorland.org](http://www.eastmorland.org) to "Like" and "Follow" ECA.

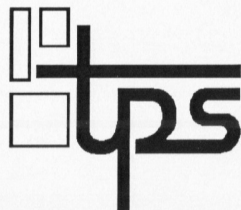


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# News from Our Schools

Dear future and current Schenk Elementary School families,

Whether you have recently moved to the area or your child is entering Kindergarten at Schenk this fall, we would like to welcome you to the Schenk community! The school staff and the Parent-Teacher Organization (PTO) already have several fun activities planned for this summer and early in the semester, including after-school options and social events. To receive information about these wonderful opportunities, please send an e-mail with your first and last names to schenkpto@gmail.com.

If you are already a Schenk family but have not been receiving e-mails from the PTO, we also encourage you to send your contact information to the e-mail address above. While a lot of information is shared via "backpack mail" throughout the year, e-mail provides a way to get news and updates delivered directly to you, year round.

All families with student(s) at Schenk are automatically members of the Parent-Teacher Organization; there is no cost to be a member. The group holds a few meetings throughout the year, but primarily assists with the planning and hosting of many fun activities for children and family members.

Enjoy your summer!

Schenk PTO

## Enrollment Schedules for 2011-12

The first day of school for the 2011-12 year is set for Thursday, September 1.

**Note:** Tuesday, Sept. 6th is the first day of 4K.

## Elementary School Enrollment

Elementary Enrollment Day, Thursday, August 18, 2011 from 11:00 am to 6:00 pm at Schenk Elementary.

## Middle School Enrollment

Monday, August 22, 2011

Grades 7 and 8

9:00 – 11:30 am; 3:30 – 6:30 pm

Wednesday, August 24, 2011

Grade 6

9:00 – 11:30 am; 3:30 – 6:30 pm

**Note:** New students to Madison can register on any one of the two days

## High School Enrollment

La Follette High School

Friday, August 19, 2011

New Students to Madison

8:00 am – 12:00 Noon; 1:00 – 4:00 pm

Monday, August 22, 2011

All Grades

8:00 am – 12:00 Noon; 3:00 – 6:00 pm

Wednesday, August 24, 2011

All Grades

8:00 am – 12:00 Noon; 3:00 – 6:00 pm



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## We Need Block Captains!

Block captains deliver the newsletter and, at various times, deliver communication from the ECA Board and/or district alder. As block captains, you may also represent the ECA Board to those households you deliver to.

If interested, call Kathy @244-8965.



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# Water Conservation Tips

Kathy Soukup

I got this from the Water Utility meeting – try some of these water-conserving tips:

## Toilet

- Install a 1.6-gallon, low-flow toilet. Older toilets use between 3.5 – 7 gallons per flush.
- If a new toilet isn't an option, use a water-displacement bag inside your toilet tank to reduce the amount of water used per flush. **Do not put a brick in your toilet tank** – bricks disintegrate over time and can damage your toilet's internal mechanisms.
- Use water saved from your shower/bath to flush your toilet: lift the toilet lid and pour the grey water into the bowl until it flushes. **Do not pour water into your toilet tank.**
- "Number one can stay awhile. Number two—send it through." Save your flushes for Number two. *Note: while you shouldn't use a water-displacement bag in a low-flow toilet, you can utilize the last two tips with any toilet.*

## Washing Machine

- Replace older machines with front-load models, which use one-third less water than top-load machines.
- Wait until you have a full load before you wash clothes.
- Wash all your clothes in cold water.

## Shower

- Install inexpensive low-flow shower heads on all showers.
- Take "Navy" showers: get wet, turn off the water, soap and scrub, rinse.
- Encourage your kids to take "Navy" showers, as well!
- Don't shave in the shower-unless you do it during the "soap and scrub" portion.
- Keep a bucket in your shower to catch water. If you really want to be thrifty, stopper the tub while you shower and scoop this additional water into the bucket when you're finished. You can water your plants or flush your toilet with this grey water.

## Bathroom Sink

- Turn off the water while you brush your teeth or shave.

- Install a low-flow aerator on your faucet. Low-flow faucet aerators use 1.5 gallons of water per minute; older faucets use between 3 and 7 gallons per minute.

## Kitchen Sink

- Install a low-flow aerator on your faucet.
- Keep a bucket in the sink to catch water.
- Hand-wash your dishes. Fill one sink with warm, soapy water and one with rinse water. When you're finished, scoop the used water into the bucket, and use it to water plants.
- Don't use your garbage disposal. Instead, compost your coffee grounds, tea bags, and vegetable peelings. You can use the compost in your garden and on your landscaping.

## Dishwasher

- If you must use your dishwasher, make sure it is full and choose a short, water-saving cycle if you can.

## Leaks

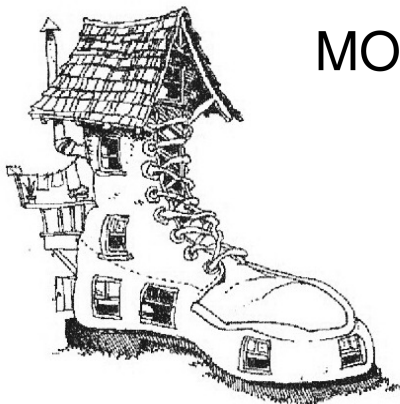
- Toilet-remove the tank cover and put a few drops of food coloring in the tank. After 15 minutes, check the toilet bowl. If you see any color in the bowl, you have a leak. Also, check the toilet flapper periodically to make sure it fits.
- Check all your plumbing for leaks, and make necessary repairs.

## Miscellaneous

- Defrost food in the refrigerator or microwave instead of under running water.
- During hot weather, put a bucket under your air conditions unit to catch run-off. You can reclaim several gallons of water per day.

One of the Water Utility staff said that we must be doing something right as far as trying to conserve water, because in 2010 we used as much water as we did in 1979. So, people are trying.

Do I plan to use ALL of the above ideas to conserve water? Of course not, but I will use some of them; and some of them I already do use – such as the washing clothes in cold water. Am I ready to get a new front-loading wash machine? Not yet, Patrick keeps ours going quite well.



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# HospiceCare Question-and-Answer Seminars

## “Final Insights: Discovering the Messages of the Dying”

On Tuesday, August 9, from 6:30 p.m. to 8:00 p.m. HospiceCare will offer “Final Insights: Discovering the Messages of the Dying.” Remarks that seem unusual or gestures that seem random may carry real meaning for someone who is at the end of life. Yet it is easy to miss, misunderstand or simply ignore these cues because they seem to make no sense.



At this seminar participants will learn to recognize and interpret these statements or gestures that are often missed. The free educational seminar will be held at the Don & Marilyn Anderson HospiceCare Center, 5395 E. Cheryl Parkway, Madison. Pre-registration is requested; please call Carrie Glantz, HospiceCare public affairs, at (608) 327-7202.

## HospiceCare to Offer Two Grief Support Opportunities in August

In August, HospiceCare Inc. will offer a recurring support group and provide an introductory session for those grieving the death of a loved one. Both sessions are open to the public, are provided without charge and are held at the Don & Marilyn Anderson HospiceCare Center, 5395 E. Cheryl Parkway, Madison.

- **Bridges Weekly Support Group** is held every Wednesday from 9:30 a.m. to 11:00 a.m. Pre-registration is not required.
- **Introduction to Grief** is an informative session for adults that offers suggestions on how to navigate the grieving process and provides information about HospiceCare grief support groups. This session is available by appointment only. Call Mary Severson at (608) 327-7182 to make an appointment.

# Loop de Coops

*Kathleen Doherty*

You are invited to the 1st (hopefully annual!) Loop de Coops! If you have been interested in learning more about the growing number of chickens in our neighborhood, this tour is for you. We currently have 4 coops for you to tour. (If you'd like to be added, please let me know!)

We'll be starting this free tour at the home of Mike Rugotska and Chris Curley, 3929 Tulane Ave., and ending at the home of Kathleen Doherty and Andy Kuemmel, 146 Harding Street.

You'll have the chance to ask questions about what's involved in having chickens, and see how unique each coop can be. Families welcome!

Details:

Saturday, August 6, 2011

9:00-10:30 am

Maps will be available at the first stop:  
Chris and Mike's home, 3929 Tulane Ave.

If you are planning to attend, it would be great to hear from you. Or if you have any questions, contact Kathleen Doherty at [kdoherly0202@yahoo.com](mailto:kdoherly0202@yahoo.com)

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